

COMMISSION ON AGING
ASHFORD SENIOR CENTER
EARL W. SMITH BUILDING
MAY 2 , 2011 1 PM

MEETING WAS CALLED TO ORDER BY CHAIRMAN- CONNIE CLARKE.

PRESENT WERE : JUDY LUCAS-DIRECTOR/COORDINATOR OF ASHFORD SENIOR CENTER, JEAN HAINES-AGENT FOR THE ELDERLY, CONNIE CLARKE, CAROLE MCCARTHY, JEAN McCARTHY, CAROL MOLNAR PRESIDENT OF ASCO, MARGE GUILBAULT, AND SALLY DEMARS.

ABSENT WERE: JENNIE MACPHERSON .

SECRETARY'S REPORT WAS READ AND ACCEPTED WITH THE CORRECTION TO THE SPELLING OF MARGE GUILBAULT'S NAME.

NO CORRESPONDENCE.

JEAN HAINES, AGENT FOR THE ELDERLY, REPORTED THAT SENIOR RESOURCES WILL PRESENT A PROGRAM ON ELDER ABUSE ON JUNE 13TH AT 10:00 AM.

A YELLOW DOT PROGRAM WILL TAKE PLACE ON JUNE 21ST FROM 11:00 – 2:00 PM - LUNCH WILL BE PROVIDED. ATTENDEES NEED TO SIGN-UP FOR LUNCH. THE PROGRAM WILL AGAIN BE PRESENTED ON JUNE 29TH FROM 6-8PM.

OLD BUSINESS: THE FOLLOWING WAS REPORTED:

(1)THE HOME AND GARDEN PROGRAM HAD 18 PEOPLE ATTENDING.

(2)THE MINI SPA ON MAY 25TH WILL INCLUDE CHAIR MASSAGES, REFLEXOLOGY, AND HAIRCUTS. CAROL MOLNAR AND SALLY WILL SERVE CHEESE/ CRACKERS, FRUIT PLATTER, AND COLD DRINKS. THE EVENT IS FREE FOR MEMBERS OF ASCO AND ASHFORD SENIORS.

(3)DISCUSSION ABOUT THE BLOOD DRIVE ON AUGUST 15TH WAS TABLED UNTIL THE JUNE MEETING.

(4)THE VACANCY ON THE COMMISSION HAS BEEN FILLED BY CAROLE MCCARTHY. WELCOME CAROLE!

NEW BUSINESS:

2011/2012 POTENTIAL PROGRAMS

- (1)STORRS DRUG PROGRAMS – (1)CALCIUM/ VITAMIN D USAGE,
- (2)PREVENTING ALZHEIMER’S , (3)HIGH BLOOD PRESSURE – WHY IT MATTERS?
- (2)SKIN CANCER – DR. BOTTA
- (3)PARKINSON’S
- (4)AGING STILL AMAZING
- (5)ELDERLY NUTRITION

THE MEETING WAS ADJOURNED AT 1:45 PM.

REPECTFULLY SUBMITTED,

SALLY DEMARS
MEMBER COA