

COMMISSION ON AGING
ASHFORD SENIOR CENTER
EARL W. SMITH BUILDING
DECEMBER 5, 2011 1 PM

MEETING WAS CALLED TO ORDER BY CHAIRMAN- CONNIE CLARKE.

PRESENT WERE : JUDY LUCAS-DIRECTOR/COORDINATOR OF ASHFORD SENIOR CENTER, JEAN HAINES-AGENT FOR THE ELDERLY, CONNIE CLARKE, JEAN MCCARTHY, CAROL MOLNAR- PRESIDENT OF ASCO, CAROLE MCCARTHY, DEANNA CLARK, AND SALLY DEMARS.

ABSENT WAS: MARION KERR .

SECRETARY'S REPORT WAS READ AND A CORRECTION WAS MADE TO THE NUMBER OF PINTS COLLECTED WHICH WAS 27.

NO CORRESPONDENCE.

JEAN HAINES, AGENT FOR THE ELDERLY, REPORTED THAT THE VNA WILL PRESENT A PROGRAM ON FEB. 7TH AT 10:30AM ON SEASONAL SAFETY FOR SENIORS AND THE PROGRAM WILL BE PRESENTED FROM A NURSE'S POINT OF VIEW. REFRESHMENTS WILL BE SERVED AT 10:00 AM.

OLD BUSINESS:

(1)THE PARKINSON'S PROGRAM WAS ATTENDED BY 14 PEOPLE AND A \$100.00 HONORARIUM WAS SENT TO THE PARKINSON RESEARCH ASSOCIATION.

(2)THE PROGRAM "AGING STILL AMAZING" WILL BE PRESENTED BY DR. BOTTA ON DEC.14TH AND DEANNA CLARK AND CONNIE WILL DO REFRESHMENTS. A DOOR PRIZE WILL BE GIVEN.

NEW BUSINESS:

(1)"THE FINAL JOURNEY "PROGRAM WILL BE HELD ON JAN. 9TH. THE HOSPICE PROGRAM AND VOLUNTEERING WILL BE THE TOPIC OF THE PRESENTATION. MARSHA PETERS WILL BE RECOGNIZED AS A 20 YEAR VOLUNTEER FOR HOSPICE. JEAN MCCARTHY AND SALLY WILL DO REFRESHMENTS.

(2) AN ORAL HEALTH CARE PROGRAM WILL BE SCHEDULED FOR FEB 8TH OR 22ND .

(3)"MOVING ALONG" A PROGRAM ON THE PROCESS OF MOVING FROM SKILLED NURSING CARE TO LONG TERM CARE, A PLAN OF CARE,AND

FINANCING CARE WILL BE PRESENTED ON MARCH 14TH. JEAN MCCARTHY AND CAROLE MCARTHY WILL DO REFRESHMENTS.

(4)A BLOOD DRIVE IS TENTATIVELY SCHEDULED FOR APRIL 5TH.

(5)THE MINI SPA WILL TAKE PLACE ON MAY 23RD FROM 1:00 – 4:00PM AND ALL ASHFORD SENIOR RESIDENTS ARE ELIGIBLE TO ATTEND. REFLEXOLOGY, CHAIR MASSAGES, HAIRCUTS, MAINICURES AND PEDICURES WILL BE AVAILABLE. CAROLE MCCARTHY AND JEAN MCCARTHY WILL DO REFRESHMENTS. THERE WILL BE A DRAWING FOR A DOOR PRIZE.

(6)A PROGRAM ON CLUTTERING WILL BE PRESENTED IN JUNE ON A DATE AND TIME TO BE SCHEDULED.

(7)A PROGRAM ON READING LABELS WAS DISCUSSED AS AN ALTERNATIVE TO THE APRIL GAMBLING PROGRAM.

(8)A BUDGET REQUEST TO FUND COA 2012/13 PROGRAMMING WILL BE SUBMITTED TO THE ASHFORD BOARD OF SELECTMEN.

REPECTFULLY SUBMITTED,

SALLY DEMARS
SECRETARY - COA